



## S'MORES (MICROWAVE)

Recipe by LAURIE

Kid friendly snack. Great to remind you of summers by the campfire when you are trapped in a snow storm!

READY IN: 1min

SERVES: 1

UNITS: US



### INGREDIENTS

- 2 graham cracker squares
- $\frac{1}{2}$  plain chocolate bar
- 1 large marshmallows

#### NUTRITION INFO

Serving Size: 1 (35) g

Servings Per Recipe: 1

AMT. PER SERVING	% DAILY VALUE
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Calories: 140.7

Calories from Fat 25 g 18 %

Total Fat 2.8 g 4 %

Saturated Fat 0.4 g 2 %

Cholesterol 0 mg 0 %

Sodium 139.2 mg 5 %

Total Carbohydrate 27.2 g 9 %

Dietary Fiber 0.8 g 3 %

Sugars 12.7 g 50 %

Protein 2.1 g 4 %

### DIRECTIONS

On paper towel place 1 cracker square.

Top with chocolate and marshmallow.

Micro on high 15 seconds or until marshmallow puffs.

Remove from oven and cover with other cracker.

Eat like a sandwich.